

POSSIBILITIES FOR AUTISM

Feel Better + Live Better

RESEARCH / ARTICLES / VIDEOS

Hunter's Story

Hunter describes his life with an ASD before and after implementing the GAPS diet.

00:00

19:33

Taylor's Story

00:00

11:05

Alex's Story

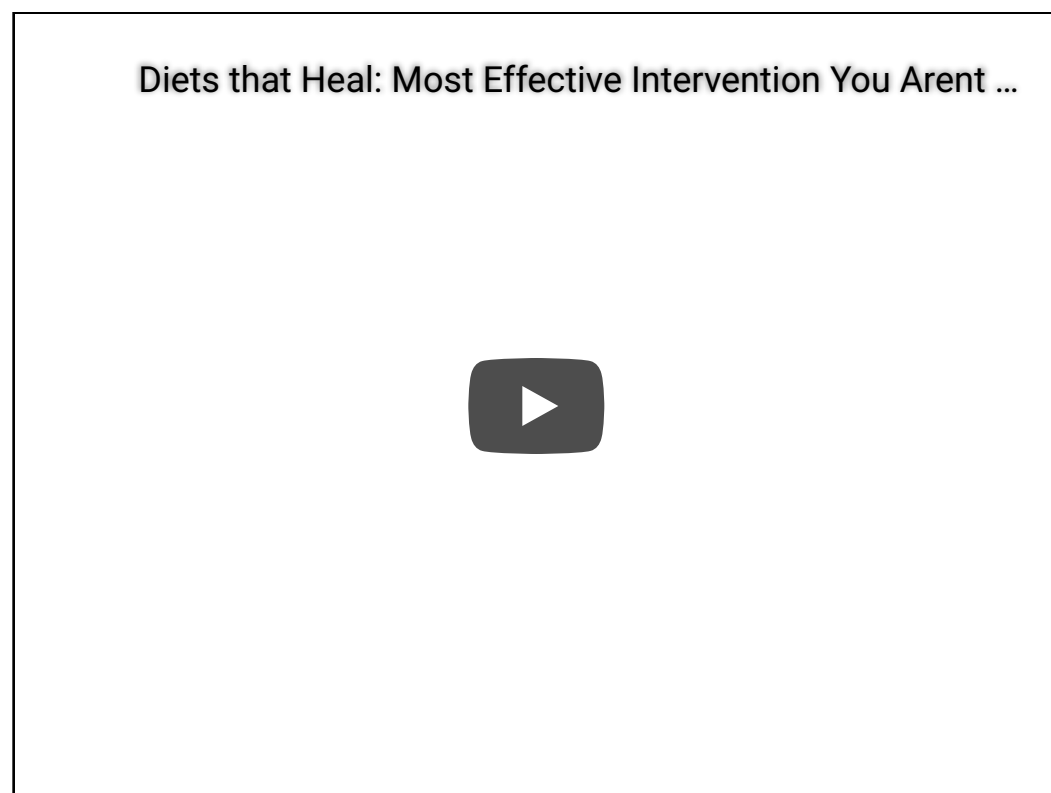
SCD diet helps reduce Alex's symptoms of severe autism

00:00

19:56

Diets that Heal: Most Effective Intervention
You Aren't Using & How to Get Started – Beth

Secosky, MA



SCD/GAPS Doesn't Have To Be Hard. Try These 10 Tips. Beth Secosky, MA

SCD/GAPS Doesn't Have To Be Hard. Try These 10 Tip...



Scientist/Mom Describes How Diet Allowed Daughter to Recover

Includes clip at the end of recovered daughter.

Drastic Improvements of Autism Behaviors with Diet, a...



National Institute of Health

- The possibility and probability of a gut/brain connection in autism
- Frequency of gastrointestinal symptoms in children with autistic spectrum disorders and association with family history of autoimmune disease

Journal of Child Neurology

- Autism and Dietary Therapy: Case Report and Review of the Literature

Microbial Ecology in Health and Disease

- GI dysfunction in ASDs: the role of the mitochondria and the enteric microbiome

Columbia University

- Elevated Gluten Antibodies Found in Children with Autism

Penn State University

- Gluten/Caisen free diet helps some children with autism

University of Maryland School of Medicine

- Autism and gastrointestinal symptoms

University of Redding

- Autism and the human gut flora

University of Sunderland, UK

- Biochemical aspects in autism spectrum disorders: updating the opioid-excess theory and presenting new opportunities for biomedical interventions
- A Gluten-Free Diet as an Intervention for Autism and Associated Spectrum Disorders: Preliminary Findings

Universitaire Carémeau, Nîmes, FRANCE

- Improvement of neurobehavioral disorders in children supplemented with magnesium-vitamin B6. II. Pervasive developmental disorder-autism

Scandinavian Journal of Educational Research

- Autistic Syndromes and Diet: a follow-up study

Simons Foundation Autism Research Initiative

- Studies implicate gut bacteria in autism
- Potential biomarker found in urine of children with autism

SAGE Journal

- Higher Plasma Concentration of Food-Specific Antibodies in Persons With Autistic Disorder in Comparison to Their Siblings

Pediatrics

- Evaluation, Diagnosis, and Treatment of Gastrointestinal Disorders in Individuals With ASDs: A Consensus Report

Stanford

- Antioxidant shows promise as treatment for certain features of autism

Trinity College

- High Fat, Low Carb Diet Could Help Autism

University College Cork's Alimentary Pharmabiotic Centre (Ireland)

- Link Between Gut Bacteria and Autism

Bowel Disease Research

- Pilot Testing a Novel Treatment for Inflammatory Bowel Disease

Milk

- <http://www.guardian.co.uk/lifeandstyle/2003/dec/13/foodanddrink.weekend>
- http://www.huffingtonpost.com/dr-mark-hyman/dairy-free-dairy-6-reason_b_558876.html
- See Reconsider Role of Cow's Milk in Human Nutrition
- Relationship between funding source and conclusion among nutrition-related scientific articles
- Milk intake and risk of hip fracture in men and women: a meta-analysis of prospective cohort studies
- Milk and diabetes
- Diet in acne: further evidence for the role of nutrient signalling in acne pathogenesis/Paleo
- Adverse effects of cow's milk in infants
- Clinical Spectrum of Food Allergies: a Comprehensive Review

Immune System May Play a Crucial Role in Mental Health

Dr. Natasha Campbell-McBride

Introduction to GAPS

Dr. Mercola Interviews Dr. Natasha Campbell-McBride ...



Gut Interview

Dr. Mercola Interviews Dr. Natasha Campbell-McBride



- [Food allergies](#)
- [Fussy Eaters](#)
- [Intro to GAPS Interview](#)

Discovery Magazine

- Autism: It's Not All Just in the Head

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